



LANDERS

PHYSICAL THERAPY SERVICES

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Mandeville, LA 70448

Phone (985) 626-9591

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Patient _____ Date _____

Diagnosis _____

Evaluate/Treat

Continue Treatment

Modalities

- Moist Heat
- Cold Packs
- Electrical Stimulation
- Neuromuscular Re-Education
- Ultrasound
- Iontophoresis
- Phonophoresis

Manual Therapy

- Joint Mobilization
- Soft Tissue Mobilization/Massage
- Manual Traction: Pelvic/Cervical

Therapeutic Exercise

- Progressive Resistance Training
- Stretching/Flexibility Training
- Cardiovascular/Endurance Training
- Passive ROM
- Active Assisted ROM
- Active ROM
- Aquatic Therapy

Patient Education

- Home Exercise Program
- Posture/Body Mechanics Training
- Ergonomics
- Gait Training

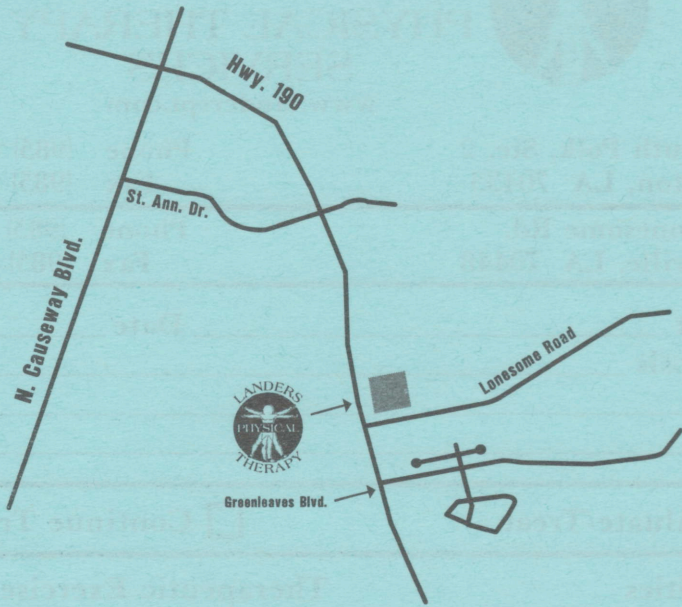
Special Instructions _____

Frequency _____ Duration _____

Physician's Signature _____

Fax to Location

MANDEVILLE LOCATION



COVINGTON LOCATION

