



# LANDERS

## PHYSICAL THERAPY SERVICES

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Patient \_\_\_\_\_ Date \_\_\_\_\_

Diagnosis \_\_\_\_\_

Evaluate/Treat

Continue Treatment

### Modalities

- Moist Heat
- Cold Packs
- Electrical Stimulation
- Neuromuscular Re-Education
- Ultrasound
- Iontophoresis
- Phonophoresis

### Manual Therapy

- Joint Mobilization
- Soft Tissue Mobilization/Massage
- Manual Traction: Pelvic/Cervical

### Therapeutic Exercise

- Progressive Resistance Training
- Stretching/Flexibility Training
- Cardiovascular/Endurance Training
- Passive ROM
- Active Assisted ROM
- Active ROM
- Aquatic Therapy

### Patient Education

- Home Exercise Program
- Posture/Body Mechanics Training
- Ergonomics
- Gait Training

Special Instructions \_\_\_\_\_

Frequency \_\_\_\_\_ Duration \_\_\_\_\_

Physician's Signature \_\_\_\_\_

**Fax to Location**



## MANDEVILLE LOCATION



## COVINGTON LOCATION

